

Academic Success Strategies: AIM

A = Attend all classes.

Grades are directly tied to attendance. By missing class you miss:

- crucial content information, and amplification of the assigned readings
- clarification of instructions for assignments and upcoming tests
- information emphasized by instructor's body language, voice inflection, and board writing

These factors cannot be captured in someone else's notes. Only **you** can get them in class. When present, it's also important to be *fully* present, alert, focusing on the material, shelving all inner and outer distractions.

I = Invest in your commitment.

Treat school as your full-time job, working everything else in your schedule around it rather than *vice-versa*. Be mindful that for every registered credit, you should study outside of class a minimum of 2 hours per week. (for example: For a 3-credit class, you should schedule a minimum of 6 hours a week to study outside of class.)

Limit your employment hours, as school is your full-time job!

M – Manage your time, relationships, and resources.

Success in college often boils down to self-management.

Propel yourself toward better time management by:

- setting specific goals for each of your courses
- structuring your time (example: Study History from 7:00 p.m. to 9:00 p.m. every night.)

Develop effective coping skills in the face of adversity, not by withdrawing and facing your battles alone, but by reaching out for help and contacting the Student Success office.

“So do not fear, for I am with you: do not be dismayed, for I am your God. I will strengthen you and help you: I will uphold you with my righteous right hand.” Isaiah 41:10